

# Youth Programs

Lynette Errante, Youth Director

## Yoga 17FYOGA

3-5 Years

**Mondays 10:30-11:10 am**  
**8 weeks / October 16 - December 4**

Children's yoga can build flexibility and strength, develop focus and confidence and inspire kids to be active and creative. The class will take your child on a variety of Yoga adventures through the jungle, flying through the sky on a hot air balloon and swimming through the ocean. Min 5 Max 10. **Instructor Breige Graven**

## Dance

17FDANCE 3-5 Years

**Mondays 1:00-1:40 pm**  
**8 weeks / October 16 - December 4**  
**\$80M/\$90NM/\$70 Full Time Day Care**

Taught by professional dance instructor, Kelly O'Shea, this 8 week dance class will give your little dancer an intro to jazz, ballet, tumbling & stretching. Min 5 Max 10. **Instructor Kelly O'Shea.**

## Junior Explorers

17FEXPLORER 2-5 Years

**Tuesdays 10:30-11:10 am**  
**8 weeks / October 17 - December 5**

Is your child a lover of the outdoors? Mr. Harry will lead your child through the amazing world of bugs, plants and gardening. Children will learn the different types of plants and bugs in our gardens, plant seeds and watch them grow. They will get to explore our own nature area and help plant our JCC garden. Min 5, Max 10. **Instructor Harry Cohen**



## Mini-Soccer

17FSOCCER 3-5 Years

**Tuesdays 1:00-1:40 pm**  
**8 weeks / October 17 - December 5**

Kicking, passing, shooting and most importantly teamwork will be the focus of this active and fun soccer session! Kids will have the opportunity to develop their own skills while learning the basics of the game. Min 5, Max 10. **Instructor Liam McMahon**

## Wizard School

17FSOCCER 3-5 Years

**Wednesdays 1:00-1:40 pm**  
**8 weeks / October 18 - December 13**

Perform science that looks like magic, create magic potions, make your own wizard wands and paint with magic! This fun, creative and hands on class is perfect for your little scientist. Min 5, Max 10. **Instructor Breige Graven**  
**No class on 11/22**



## Pee-Wee Basketball

17FSOCCER 3-5 Years

**Thursdays 10:30 - 11:10 am**  
**8 weeks / October 19 - December 14**

Get your little one involved in the basketball season with hoops and basketballs just their size! Kids will get an intro to passing, dribbling, teamwork and shooting in this active and fun class! Min 5, Max 10. **Instructor Mr. Harry Cohen** **No class on 11/23**

## Art without a Paintbrush

17FART 2-5 Years

**Thursdays 1:00-1:40 pm**  
**8 weeks / October 19 - December 14**

In this creativity based art class, children will explore a variety of new art materials using their fingers, toes, flowers and more as non-traditional paint brushes. Min 5, Max 10. **Instructor Lynette Errante** **No class on 11/23**

## T-Ball

17STBALL 3-5 Years

**Fridays 10:30-11:10 pm**  
**8 weeks / October 20 - December 22**

A great intro to the world of baseball! Children will practice throwing, catching, hitting and running the bases. A big focus will be on teamwork and cheering on our friends. Min 5, Max 10. **Instructor Mr. Liam McMahon** **No class on 11/10 & 11/24**

**All Pre-School Youth class fees are: \$65M/\$80NM/\$56 (Full-Time Day Care) unless otherwise specified**

# School Age Programs

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## Print-It, Screen-It, Design-It

17FPRINT

Grades K-7

**Wednesdays 4:30-5:30 pm**

**5 weeks / October 18 - November 15**

**\$50M/\$70NM**

In this new art class, children will get to explore some traditional forms of printing art on fabric. We will learn the basics of screen printing with stencils, styrofoam prints, African Kente cloth designs and batik. **Instructor Lynette Errante**



## Dance Class

17FDANCE



**Thursdays**

**4:30-5:15 pm 5 & 6 yr. olds**

**5:15-6:00 pm 7-10 yr. olds**

**8 weeks / October 19 - December 14**

**\$80M/\$100NM**

Taught by professional dance instructor, Kelly O'Shea, students will be exposed to a variety of dance in this 8 week course. They will learn the ins and outs of tumbling, jazz, hip-hop and stretching. **Instructor Kelly O'Shea. No class on 11/23**

## Jewelry Making

17FJEWELRY

Grades K-7

**Wednesdays**

**4:30-5:30**

**3 weeks / November 29-December 13**

**\$40M/\$55NM**

In this 3 week workshop, children will create 3 different projects using wire, beads, leather cord and stones. They will learn a variety of techniques to produce unique, wearable pieces of art! **Instructor Lynette Errante**



## Homeschool Afternoon Out

**Fridays - choose 1-3 sessions!**

**\$40 for 1 session, \$48 for 2, \$55 for 3**

**Sessions will run for 6 weeks \* October 20 - December 15**

**no class 11/10, 11/24 or 12/8**

**Session 1: 12:45-1:20 pm: Art Class 5-7 yr olds / Gym Class 8-11 yr olds**

**Session 2: 1:25-2:00 pm: Gym Class 5-7 yr olds / Art Class 8-11 yr olds**

**Session 3: 2:15-2:45 pm: Free Swim**

**Art class** with NYS licensed Educator, Lynette Errante. We will explore using a wide variety of art materials including paint, batik, clay, collage and charcoal.

**Gym class** with Mr. Harry. Give your child the opportunity to learn through play and large motor in group gym time. A large focus will be on teamwork and working together. Mr. Harry has over 5 years of experience as a gym teacher and has been professionally trained in pediatric yoga.

**Free Swim** in our large, indoor pool. Swim lessons may be available. Inquire during registration. Parents should pick-up children directly from the pool to get them changed.

