JCC FALL 2017

www.binghamtonjcc.org

PROGRAM & MEMBERSHIP GUIDE

Classes & Programs for Every Body!

Members & Non-members Welcome

www.binghamtonjcc.org

500 Clubhouse Road, Vestal, NY 13850
(607) 724-2417 / Fax # (607) 724-2418

Find us on facebook
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JCC binghamton

A Word from the Executive Director

The JCC provides a safe haven which embraces the true spirit of community. The vision of the Center is to maximize its programs and services to bring to fruition the central role it plays in society. The ultimate goal is to create a community that is unified in its mission to enrich the lives of families and individuals by improving and enhancing their health and well-being in a welcoming and secure environment that is open to everyone.

If you are already a member, ***THANK YOU***. If not, I invite you to come and take a tour of our facility to see the myriad of programs and services we have to offer. Once you do, I'm sure you will want to join our community and become a member of the JCC family, which truly is ***"For Every Body!"***

Sincerely,

Sheryl Brumer
Executive Director

Inquire about our 3 - Month Membership Special

JCC Office Hours:
607-724-2417
Monday - Thursday * 8:30 am - 8:00 pm
Friday * 8:30 am - 5:00 pm
Closed Saturday & Sunday

MEMBERSHIP CATEGORIES ~ 2017 DUES SCHEDULE ~

NEW MEMBERS*
Enrollment date becomes your renewal date.

FAMILIES

Adults and dependent children
F Couple with children $750
IP Single Parent, any age, with children .. $595

Health Club facilities are for adults age 18 and older. Boys & Girls locker rooms are provided for those under age 18. The JCC Fitness Center welcomes adults 18 and older. Anyone younger must be authorized by the Health & Physical Education Director.

Married couples without children
C Couple without children $715
SC Senior Couple, 65 & older, no children $640

INDIVIDUALS without children
I Individual Adult $490
SI Senior Individual, 65 & older $480
ST-Y College Student $355

NOTE: Membership in the above categories includes the use of all physical education facilities, swimming pool, health club, gym, fitness room, outdoor sports complex, and significant discounts and enrollment preferences in the Early Childhood Center, Summer Camp, and most program offerings.

SPECIAL SENIOR POOL MEMBERSHIP
For senior citizens, 65 years and older, who do not use the Health Club or Exercise Room.

SP Individual Senior Pool $375
SPC Senior Pool Couple $490

PROCESSING FEE
One time charge for new membership $50
Reactivation fee after 60 day lapse of non-payment of dues $50

RENEWAL
Membership renewal notices are automatically sent each year in the previous year's category. Please note that there are a number of different membership dues categories to meet every individual's and families' needs.

*** DISTANCE DISCOUNT**
Members who live more than 25 miles away from the JCC pay only 50% of the membership fee.

SUSTAINING MEMBERS
Sustaining members contribute the following amounts **IN ADDITION** to their appropriate dues category. These contributions provide funds to underwrite reduced fees for members who cannot afford to pay full dues and provide extra support to assure high quality JCC programs. If you are already a Sustaining Member, we thank you. If you wish to be a Sustaining Member please contact the JCC Office or indicate your interest when paying your annual dues.

Emerald $1,500 | Sapphire $1,000 | Ruby $750 | Platinum $500
Pearl $350 | Diamond $200 | Gold $150 | Silver $100 | Bronze $50

For more information, or to arrange a tour of the JCC, please call us at (607)724-2417
500 Clubhouse Road * Vestal, NY

THE JCC IS FOR *EVERY BODY!*

JCC MISSION: Provide quality programs and services in a safe and secure environment for people of all ages, regardless of race, religion, socio-economic background or sexual orientation.

Individuals & Families benefit by becoming Members at the JCC!

It's Worth It!

YOUR JCC MEMBERSHIP GIVES YOU

- Reduced rates for most programs and services
- Health Clubs*
- Saunas*
- Steam Rooms*
- Fitness and Weight Rooms*
- Outdoor Sports Complex: Tennis, Basketball and Gartel Pavillion
- Playground
- Swimming Pool
- Pickup Basketball Games
- Youth Basketball Skills

*Special Senior Pool membership categories at lower fees are available for senior members who choose not to use other facilities.

Health Club facilities, separate for men and women, open at 5:30 am daily.

*Children under 18 may not use Health Club facilities. Children may use the JCC Fitness Room only if authorized by the Health & Wellness Coordinator.

The following are available to JCC members at greatly reduced fees:

- Infant Care, Preschool, Day Care and Early Childhood Programs Registration - (preference for JCC members)
- Most class offerings
- Camp JCC summer day camp
- Reduced rental rates for parties, receptions, meetings, etc.

The Binghamton JCC is a member-based organization. We depend on your membership to keep the facility running. Your membership dollars allow us to:

- **Heat the pool**
- **Heat the building**
- **Recycle and dispose of garbage**
- **Maintain the infrastructure**
- **Plow the snow**
- **Air condition the building**
- **Maintain the grounds**
- **Fix the roof**

The list goes on and on...!

VISIT OUR WEBSITE:
www.binghamtonjcc.org

Registration Information

VISIT OUR INFORMATION SITE
www.binghamtonjcc.org

FOR INFORMATION EMAIL US AT
Info@binghamtonjcc.org

The classes listed in this Program Guide are provided by the Jewish Community Center as a service to all residents of the Broome County area. Participation is open to everyone regardless of JCC membership. Non-members are encouraged to consider joining the JCC to pay lower course fees and have greater access to facilities.

Registration forms are provided on page 23. Please fill out a separate form for each course, class or program, for each person registering. Mail in your registration, call the office with your credit card or register in person. **Make checks payable to the JCC**, and mail to 500 Clubhouse Road, Vestal, NY 13850. Additional registration forms are available at the JCC Office.

Insurance

It is incumbent upon all participants to have personal insurance coverage in case of accident or injuries. The JCC or its employees are not responsible for injuries suffered while present at or participating in JCC activities or for loss or damage to valuables or property.

Volunteer Opportunities

Volunteers are always welcome at the JCC where opportunities to help our community abound. In addition to the sociability, volunteering contributes to the reward of satisfaction and the sense of involvement.

JCC volunteers are needed for fundraisers, early childhood aides, coaches, swimming pool aides, painters, simple maintenance tasks, etc. Any person who would like to help the JCC can call 607-724-2417, and a "volunteer match" will be made.

Volunteerism at the JCC is a time honored tradition since 1927. Your commitment keeps that tradition going.

BU & BCC Students Welcome

You are invited to become involved in the local community, to join our facilities, or participate as a volunteer.

Class Refund Policy

No classes will be pro-rated for late entry or refunded if missed. There are no refunds after the first class session.

Registration Policy

It is important to register for courses early. A minimum number of registrants is required for each course to run. If there is insufficient enrollment, a course may be cancelled in advance of its scheduled start date. Please register early to insure the class you choose will run. No seat will be reserved without payment.

Guest Policy

JCC members in good standing may receive complimentary passes to the Center for out-of-town house guests for a period of up to two weeks. A $10 guest pass is required each time a local guest is brought to the JCC accompanied by a member. After three visits per year, local guests can choose to become members to continue using the JCC. Ask any JCC staff member about joining.

JCC MEMBER PARENTS

Open Gym/Pool Policy

As a licensed day care provider, we comply with the NYS regulations for childcare as follows: Children who are 12 or under may use the gym, pool or facilities if they are accompanied by a parent, adult or sibling 13 or older.

School Closing/Facility Closing

The JCC is always open unless a BROOME COUNTY STATE OF EMERGENCY with a TRAVEL BAN has been declared. Listen to a local radio/TV station for announcements. Call the JCC at 607-724-2417 for specific information. Like us on facebook for updates.

Find us on facebook

Search: JCC Binghamton

The JCC Program Guide is
published three times per year by
the Jewish Community Center, Inc.,
500 Clubhouse Road,
Vestal, New York 13850

Did You Know That....?

- The Binghamton JCC is a not-for-profit, United Way partner agency whose mission is to serve families and individuals across the Southern Tier regardless of age, race or religion?

- The JCC has something for everybody from day care, day camp, youth recreation leagues, drama, dance, and art, to adult fitness, basketball leagues, cultural, educational and social programs?

- The JCC has been providing programs to benefit families and individuals in our community for over 89 years?

- As a United Way partner, the JCC has a sliding fee scale for children in day care based on household income?

- Last year over 26% of the families enrolled in JCC day care and youth programs received financial assistance and we gave out over $72, 300 in financial aid for day careand youth programs? JCC affiliate, Camp JCC gave 34% of children enrolled over $25,000 in financial aid.

- By becoming a sustaining member and/or supporting the JCC's annual fundraisers you will be helping us to assist families in need!

"Thank you for caring enough to make a difference"

JCC binghamton

Health Club Services / Adult Fitness

Dan Whalen, HPER Director

JCC Health Clubs & Fitness Center Welcomes You!

Monday-Thursday 5:30am-9:00pm * Friday 5:30am-5:00pm * Sunday 8:00am-5:00pm

FREE TO MEMBERS

See Pool schedule on page 12

Our Fitness Center provides top notch activities and training to both members and non-members in a comfortable, non-intimidating environment. Health, Phys Ed & Recreation Director Dan Whalen, and key staff members, Josh Frederick (Fitness Supervisor), Jan DeAngelo (Health & Fitness Coordinator) and Elizabeth Pane (Aquatics Coordinator) provide a well-rounded and diverse selection of personal training, group exercise classes and services for clients who range in age from teens to octogenarians.

It is recognized that exercise has to be a regular part of a healthy lifestyle in order to improve their quality of life. In addition to our personal training programs, we have one of the most beautiful indoor pools in Broome County. Enjoy lap swimming, water exercise, or personal aquatics training. If the water is not your thing, then come and try any of our other classes like Yoga, SilverSneakers, Pilates, Kettlebell Pump, Aerobics and Dance. For more information on our fitness center programs call 607-724-2417 ext. 133.

Adult Fitness

Josh Frederick, Fitness Supervisor

Group Fitness Classes / Fall 2017

For more information, contact Josh Frederick, Fitness Supervisor. Drop-in fee per class $6M/$10NM

Mix and Match for a Cross Training Effect!!

Effective October, November & December

Registration Necessary / Min. 6 registrations per class

FEES: **1 class/week** **$50M/96NM** | **2 classes/week** **$70M/144NM** | **3 classes/week** **$85M/180NM** | **4 classes/week** **$105M/195NM**

Sunday

Grab 5 of your friends & we will get an instructor!

Monday

9:30-10:30 am
Aerobics - Carol

5:30-6:30 pm
Pilates Reformer - Jane

6:30-7:30 pm
Zumba - Gabby

Tuesday

9:30-10:30 am
Pilates Reformer - Rita

4:45-5:30 pm
Kettlebell - Jan

6:00-7:00 pm
Strength & Tone - Carol

Wednesday

9:30-10:30 am
PiYo - Lora

5:30-6:30 pm
Pilates Reformer - Jane

Begins October 18th

Thursday

9:30-10:30 am
Pilates Reformer - Jill

5:00-5:30 pm
Kettlebell - Jan

Begins October 19th

5:45-6:45 pm
PiYo - Lora

Friday

9:30-10:30 am
Aerobics - Carol

12:30-1:00 pm
Lunch Time Yoga- Jan

Begins October 20th

MEMBERS ONLY ~ Locker Rentals

For info and pricing inquire at Fitness Center or Main Office

Quality Classes as low as $2.20 per class!

Adult / Teen Fitness

Josh Frederick, Fitness Supervisor

SPECIALTY FITNESS CLASSES

Tai Chi for Arthritis

Mon & Wed 10:30-11:30 am
Begins Wed, September 20
14 sessions
$50M/NM (People 80 & older are free)
Instructor Peg Swarts

Peg Swarts is a certified instructor through Tai Chi for Health Institute. Participants will be led in fluid, gentle and relaxed Tai Chi movements that are suitable for everyone, standing or sitting. Based on the Sun style of Tai Chi, this program extends the Tai Chi for Arthritis Part 1 Core Movements 1-6 and Extended Movements 7-12 with 9 additional forms.

Sun style Tai Chi helps to improve your coordination and includes healing components that improve relaxation and energy while also improving mobility and balance.

Specialized Personal Training, Private Pilates & Yoga Instruction

Call to schedule a FREE consultation with one of our certified personal trainers.
$20M/$25NM per 1/2 hour session

Trainers: Jan DeAngelo, CPT, PES, CES
Carol Hawley,Exercise Specialist

Payment is due prior to training session(s). An Initial Assessment is required before all new Personal Training clients begin training. 24 hour cancellation notice required.

SilverSneakers® Classic

Monday & Thursday 10:45-11:30 am
Ongoing
FREE to Silver Sneakers & JCC Members
$4NM per class

Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement and activities for daily living. Hand-held weights, elastic tubing with handles and a SilverSneakers ball are offered for resistance. A chair is available if needed for seated or standing support. **Instructor Jill Lukach**

SilverSneakers® Yoga

Monday 11:30-12:15 pm
FREE to Silver Sneakers & JCC Members
$4NM per class

SilverSneakers Yoga will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibilty, balance and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction and mental clarity. **Instructor Jill Lukach**

Flash Mob 101

17FMOB

Thursdays 5:30-6:30 pm
October 19-November 16
$48M/$60NM

It's all about getting physical, having fun, trying something new and bringing a positive change to our community. You get to dance and have a great workout at the same time! Here's the twist, the flash mob location will be revealed only to those participating. First 3 weeks, class will run for 1 hour. Last 3 weeks, class will run for 2 hours. Let's get dancing! **Instructor Katie Barlow**

Men's League

Starts September 12
$500 per team
Tuesday Nights

This league is for players who are 30years of age or older. There will be the exception of 1 player on each team's roster may be under the age of 30 but must be 25 years of age or older. This league will be a 4 on 4 format. Registration deadline is September 3.

Sunday Hoopsters

Sundays, November 5 - December 17
5-8 year olds 11:00am - Noon
5-8 year olds Noon - 1:00 pm
9-12 year olds 1:15 - 2:15 pm
$20M/$40NM includes t-shirt

Each session will include skill improvement drills as well as game play. Groups will use equipment that is appropriate to their age and ability level to enhance their learning experience.

For more information contact
Dan Whalen (607) 724-2417 ext. 118 DanW@binghamtonjcc.org

JCC CLOSED
September 4, 21 & 22
October 5, 6, 12 & 13
November 23

JCC Closes at 5pm
September 20
October 4 & 11

Aquatics Programs

Elizabeth Pane, Aquatics Coordinator

The JCC Swimming Pool is Wheel Chair Accessible

American Red Cross Courses

The JCC is an authorized provider of the American Red Cross Progression Swim Courses. Classes meet once a week. All swim classes are taught by Certified Water Safety Instructors. Correct placement is important to both your child and the class progression as a whole. The JCC reserves the right to transfer a child to a class that better suits his or her skill level and/or aptitude. Please contact the JCC with any questions.

Youth Fall Swim Lessons

Sunday Sessions
September 10th – October 15th
October 22nd – November 26th
1:00-1:30 pm Parent/Child
1:30-2:00 pm Preschool Swim Lessons
2:00-2:40 pm Youth Swim Lessons
2:40-3:20 pm Advanced Swim Lessons

Price
$30 Member per session
$55 Non-Member per session

Monday Sessions
October 16th – December 4th

Tuesday Session
October 17th – December 12th
(no class October 31st)

Wednesday Session
October 18th – December 13th
(no class November 22nd)

Thursday Session
October 19th – December 14th
(no class November 23rd)

5:00-5:30 pm Parent/Child
5:30-6:00 pm Preschool Swim Lessons
6:00-6:40 pm Youth Swim Lessons
6:45-7:25 pm Advanced Youth Swim Lessons

Price
$45 Member per session
$70 Non-Member per session

	Age	Ability
Parent/Child	6 months to 3 years	Provides info & techniques for parents to successfully orient their child to the water. Emphasis on becoming comfortable in the water through use of games & skill repetition.
Preschool	3 years to 5 years	For children who are ready to get into the water without a parent. Children learn water safety & gain confidence. Elementary water skills introduced in a fun & relaxing manner.
Youth	6 years and up	Children will learn fundamental water skills, such as gliding, floating, treading water, & basic stroke elements. Emphasis placed on water safety & fun. Flotation is being phased out in this level.
Advanced Youth	8 years and up	Children should be accustomed to swimming longer distances in the deep end & able to perform most strokes. Children continue to refine & perfect strokes, build endurance, & prepare for competition. Kids should be able to swim without flotation by this point.

Kids will be assessed on their abilities and placed accordingly in a class on the first day. ***If you have any questions please contact the JCC's Aquatic Coordinator: Elizabeth Pane at ElizabethH@binghamtonjcc.org or call 724-2417, ext. 122.***

Please contact Elizabeth Pane at ElizabethP@binghamtonjcc.org or (607) 724-2417 ext 122 for more information on any of these programs.

The JCC Swimming Pool is Wheel Chair Accessible

Aquatics Programs

Elizabeth Pane, Aquatics Coordinator

Community Swim

Open to Everyone

17ACS

Sunday 3:00 - 4:45 pm
JCC Members FREE
Adults $3NM / Children $2NM

Members of the community who have not yet joined the JCC may swim during this time. Pool rules apply. Boys and girls locker rooms available for use. Children 12 and under must be accompanied by an adult. Sign-in and pay at Fitness Center. Must present current ID.

American Red Cross Lifeguard Course

15 Years & older

Session 1: Oct. 22, 23, 24 & 25
Session 2: Nov. 12, 13, 14, 15 & 16
Session 3: Dec. 10, 11, 12, 13 & 14
$250M/350NM

This course trains entry level lifeguard participants with the knowledge and skills to prevent, recognize and respond to aquatic emergencies. Certification includes Lifeguarding, First Aid, CPR/AED for the Professional Rescuer. For those who cannot pass the pre-requisites, a full refund will be given or the opportunity to return at a later date.

American Red Cross Lifeguard / CPR * AED Re-certification

15 Years & older
Call for appointment
$150M/175NM Lifeguard
$50M/$75NM CPR/AED

This course is designed for participants who have current Lifeguard Training and CPR/AED certifications.

CPR for the Professional Rescuer

15 Years & older
Call for Appointment
$100M/125NM - Full Course
$75M/100NM - Re-certification
$50M/75NM - Challenge

The purpose of this course is to train professional rescuers in the skills necessary to respond appropriately to breathing and cardiac emergencies.

JCC CLOSED
September 4, 21 & 22
October 5, 6, 12 & 13
November 23

JCC Closes at 5pm
September 20
October 4 & 11

Water Exercise

FREE TO MEMBERS

17FWATER1,2,3,4

Mon, Tues, Wed, Thur & Fri
April 3 - June 30
9:00-10:00 am

1 class/week	**$70NM**
2 classes/week	**$110NM**
3 classes/week	**$135NM**
4 classes/week	**$155NM**
5 classes/week	**$170NM**

Class offers a moderate aerobic workout with a warm-up, concentration on muscular toning and a cool down. Water offers resistance without shock and trauma. No swimming skills needed. Pre-registration is necessary for all participants.
Instructor Tina Palkert

Private/Semi-Private Swim Lessons for Kids or Adults

Private instruction is available for all ages and abilities. Lessons focus on your personal needs and interests whether you're a beginner or an advanced swimmer who wants to perfect your stroke. Arrange lessons with a friend or two. All lessons taught by Water Safety instructors. To arrange private lessons contact Elizabeth Haley at 607-724-2417 ext. 122.

Based on 1 person/class:
$18M/$23NM per 1/2 hour
Discounts apply for classes of 2 or more

Fall Price Special $15M / $20NM

JCC FALL AQUATICS SCHEDULE

September 6 - December 31, 2017

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00 AM		3 LAP LANES 6 AM - 9 AM	3 LAP LANES 6 AM - 9 AM	3 LAP LANES 6 AM - 9 AM	3 LAP LANES 6 AM - 9:00 AM	3 LAP LANES 6 AM - 9 AM	CLOSED
7:00 AM							
8:00 AM	OPEN SWIM Children & Adult 8 AM - 4:45 PM *Children's classes in session 1-3:20 pm* Community Swim 3:00 - 4:45 pm Pool Closes at 4:45 pm						
9:00 AM		ADULT ONLY 9:00-10:00 AM	ADULT ONLY 9:00-10:00 AM	ADULT ONLY 9:00 - 10:00 AM	ADULT ONLY 9:00-10:30 AM	ADULT ONLY 9:00-10:00 AM	
10:00 AM		CLOSED 10-11:30	CLOSED 10:00-11:00 AM	CLOSED 10-11:30	CLOSED 10:30-11:30 AM	CLOSED 10 - 11:30	
11:00 AM		ADULT SWIM ONLY 11:30 - 4:00 PM	ADULT SWIM ONLY 11:00 - 2:00 PM	ADULT SWIM ONLY 11:30 - 2:00 PM	ADULT SWIM ONLY 11:30 - 2:00 PM	OPEN SWIM Children & Adult 11:30 - 4:30 PM	
12:00 PM							
1:00 PM							
2:00 PM			OPEN SWIM Children & Adult 2:00 - 4:00 PM	CLOSED 2:00-3:30 PM	OPEN SWIM Children & Adult 2:00 - 4:00 PM	Pool Closes at 4:45 pm	
3:00 PM							
4:00 PM		OPEN SWIM Children & Adult 4:00 - 8:30 PM *Children's classes in session*	CLOSED 4-5 PM Kids Connection ADULT ONLY 5:00-7:30 PM *Childrens classes in session*	OPEN SWIM Children & Adult 3:30-8:30 PM *Children's classes in session*	CLOSED 4-5 PM Kids Connection ADULT ONLY 5:00-7:30 pm *Childrens classes in session*		
5:00 PM							
6:00 PM							
7:00 PM			OPEN SWIM 7:30-8:30 PM		OPEN SWIM 7:30-8:30 PM		
8:00 PM							

Adding or removing a lap lane is at the discretion of the lifeguard

KIDS CONNECTION SWIMS 2:00-3:30 pm when school is NOT in session. POOL IS CLOSED TO MEMBERS DURING THIS TIME.
See school calendar of closings at pool.

Pool Schedule

The JCC Swimming Pool is Wheel Chair Accessible

Sunday Birthday Party Packages!

Option #1

All parties for up to 12 children

Pool or Gym Package Includes:

- 1 hour Pool Party for kids with 1 lifeguard or 1 hour Gym Time
- 1 hour Room Rental for Party
- Sheet Pizza, Drinks, Veggies, Cupcakes
- 1 free JCC pass per family for Sunday use only

FOR POOL – At least 2 parents/adults are required. Pool temperature is balanced at 84 degrees. The JCC has both Boys & Girls changing rooms. Each swimmer needs to bring their bathing suit and towel. Party groups with children under 6 years old must provide at least 2 adults in pool. Inquire about pool volleyball or basketball!

Option #2

NEW!

Specialty Party

- 2 hour Room Rental for Party
- Sheet Pizza, Drinks, Veggies, Cupcakes
- 1 free JCC pass per family for Sunday use only
- Choose from one of our amazing themes:

Ninja Warrior
Theater/Improv
Face Painting/Circus
Glow in the Dark Hockey

Art Workshops
Clay**
Painting**
Jewelry Making**

*** $5 per child extra charge for supplies*

Option #3

Rental for 1 hr Pool or Gym Only

- Pool Party rental Only – $55 member
  $80 non-member
- Gym Party rental Only – $55 member
  $80 non-member

Pricing (for option 1 & 2)
Up to 12 children: $275.00 members
$300.00 non members

Add Ons:

- Extra Pizza - $20 per sheet
- Additional charge will be added for groups larger than 25 in the pool. This includes adults in the pool area for an extra guard

Reservations must be made at least 2 weeks in advance by calling the JCC 607-724-2417

All birthday party packages include white paper products (plates, cups, napkins) For theme parties, it is up to the family to supply additional items. No food or beverage may be brought into the JCC.

Early Childhood Programs

Marlene Schwartz Patrick, ECC Director

JCC Early Childhood Center

The JCC Early Childhood Center is a busy, happy and creative place for your child to play and learn. Parents and teachers form a partnership which enables your child to develop positive self-esteem, new skills and a life long love of learning. The JCC Early Childhood Center offers a broad range of programs for children 6 weeks to 5 years of age. On-site swim, gym, a hot lunch program and a wide variety of outdoor play including our playground are unique features offered at the ECC.

Dr. I.J. Rosefsky Day Care Center Full Day Program

The Dr. I.J. Rosefsky Day Care Center offers full day care Monday-Friday 7:30 am-5:30 pm. Children who are 6 weeks to 5 years are eligible for our full day program. Day Care is open 12 months a year with the exception of some Jewish holidays and legal holidays when the JCC is closed. Our professional staff share a common goal to provide a loving, safe, nurturing, and stimulating environment for the child in the ECC.

Victor & Esther Rozen Infant Rooms

Providing care for infants 6 weeks to 18 months.

JCC School Closing/Facility Closing Policy

The JCC is always open unless a ***BROOME COUNTY STATE OF EMERGENCY*** with a ***TRAVEL BAN*** has been declared. The JCC follows the Vestal School Disctict in regard to school closings. Listen to a local radio/TV station for announcements. Call the JCC at 607-724-2417 for specific information.

Half Day Programs

A comprehensive program designed to build socialization skills and set young children on a life-long journey of learning. Program includes swimming and physical education programming.

3/4 Year Old Class

Two, three or five day a week program. Tuesday/Thursday, Monday/Wednesday/Friday, or Monday-Friday. Your child must be three years old by December 1, 2017. 9:00-11:45 am or 9:00-12:45 pm (with hot lunch program).

Extended Day Program

Children enrolled in our morning UPK programs are eligible for this child care program. The ECC has many ways to extend your half day child's day, including early drop off, lunch or extending their UPK pm session until 4:30 pm. For more information contact the ECC Office.

Universal Pre-Kindergarten

The JCC Early Childhood Center is a provider for the Vestal and Binghamton School districts' Universal Pre-Kindergarten program. This program is free to Vestal and Binghamton children age 4 by December 1, 2017 who are accepted by the school districts. Morning session 9:00-11:45 am, afternoon session 1:00-3:45 pm. The Universal Pre-K program, like all ECC programs, offers children a comprehensive curriculum that will encourage a life long love for learning. Students are exposed each week to activities that promote positive self esteem, expand their language and expression skills and lay the foundation for reading math and scientific inquiry. Students swim and participate in a physical education class each week.

Vestal residents should contact Vestal School district to apply. Binghamton residents can register at the JCC. ***Self pay slots are also available to children from any district.***

Kids Connection

After-School Care 5 to 15 years old
Monday through Friday
3:00pm - 6:00pm
$56M/$64NM per week / Full Year Contract $100 Registration Fee
$5.75M/$6.50NM per Hour Drop-In
$40 Annual Drop-In Registration Fee

Imagine what the ideal after-school child care program for your child would be ... convenient and close to home, affordable, in a spacious modern facility, with lots of other children, offering a comprehensive indoor and outdoor sports program, professionally staffed with individuals who offer educational assistance, on the school transportation list of child care programs, chock full of exciting classes to challenge and entertain, and available 5 days a week from 3:00 to 6:00 pm.

The Kids Connection - a New York State licensed 5 day a week school-aged child care (SACC) program at the Jewish Community Center is ***open to any school-aged child 5 to 15 years old in the Southern Tier***. Kids Connection offers parents affordable peace of mind and children an exciting variety of opportunities in their after-school programming.

Kids Connection is located at the JCC on Clubhouse Road. Our comprehensive 50,000 sq. ft. facility, outdoor sports complex, and our professional staff of educators make it possible for Kids Connection to offer classes and activities in a wide array of areas including:

- Swimming & Water Safety
- Physical Education
- Soccer
- Tennis
- Volleyball
- Arts & Crafts
- Music
- Dance
- Cooking
- Basketball
- Drama

Each quarter, the JCC offers a variety of classes in aquatics, physical education and youth programs.

Long Day Program

Kids Connection offers full day programs from 7:30 am to 6:00 pm when Vestal Schools are not in session, except when Camp JCC is open. A full day of activity, fun and friendship. Purchase or bring lunch; snacks provided. Open to school age children from any school district. **Pre-registration is required.**

Professional Staff

Kids Connection is staffed by experienced teachers who take pride in maintaining a safe and supervised after-school program with a favorable teacher/student ratio of 1:10. Kids Connection also utilizes the other professional staff at the JCC in the areas of aquatics, physical education and youth programming.

Counselor In Training (CIT) (6th-8th Graders)

For children who are ready for more responsibility, Kids Connection offers a CIT Program designed specifically for children in 6th-8th grades. CITs are offered the opportunity to assist ECC and Kids Connection teachers, help with themes, tutor younger children and participate in a curriculum that covers child development, supervision of children and how to handle emergencies. A wonderful opportunity to acquire skills needed for babysitting or Camp TLC positions. **Registration fee $10.00.**

Registration

Competitively priced, the Kids Connection program is available for any child 5 to 15 years old with a Full Year or Drop In Contract.

A Full Year contract is for children who attend daily including days off from school.

Drop In Children (enrolled fewer than 5 days per week) will be charged an hourly rate of $5.75M/$6.50NM.

For more registration information or to register for the Kids Connection program at the JCC, contact Youth Director Lynette Errante at 607-724-2417 ext 421.

School Transportation

Children who are registered with Kids Connection maybe eligible for school provided transportation. Parents are advised to contact the school principal to arrange for district transportation. We presently have buses coming from African Road, Vestal Middle, Glenwood and Clayton Avenue schools. Children from Vestal Hills are bussed by First Student to the JCC for a small annual fee.

Youth Programs

Lynette Errante, Youth Director

Yoga

17FYOGA **3-5 Years**

Mondays 10:30-11:10 am

8 weeks / October 16 - December 4

Children's yoga can build flexibility and strength, develop focus and confidence and inspire kids to be active and creative. The class will take your child on a variety of Yoga adventures through the jungle, flying through the sky on a hot air balloon and swimming through the ocean. Min 5 Max 10. **Instructor Breige Graven**

Dance

17FDANCE **3-5 Years**

Mondays 1:00-1:40 pm

8 weeks / October 16 - December 4

$80M/$90NM/$70 Full Time Day Care

Taught by professional dance instructor, Kelly O'Shea, this 8 week dance class will give your little dancer an intro to jazz, ballet, tumbling & stretching. Min 5 Max 10. **Instructor Kelly O'Shea.**

Junior Explorers

17FEXPLORER **2-5 Years**

Tuesdays 10:30-11:10 am

8 weeks / October 17 - December 5

Is your child a lover of the outdoors? Mr. Harry will lead your child through the amazing world of bugs, plants and gardening. Children will learn the different types of plants and bugs in our gardens, plant seeds and watch them grow. They will get to explore our own nature area and help plant our JCC garden. Min 5, Max 10. **Instructor Harry Cohen**

Mini-Soccer

17FSOCCER **3-5 Years**

Tuesdays 1:00-1:40 pm

8 weeks / October 17 - December 5

Kicking, passing, shooting and most importantly teamwork will be the focus of this active and fun soccer session! Kids will have the opportunity to develop their own skills while learning the basics of the game. Min 5, Max 10. **Instructor Liam McMahon**

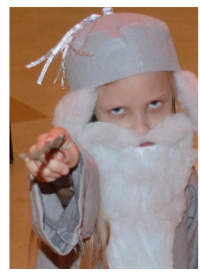
Wizard School

17FSOCCER **3-5 Years**

Wednesdays 1:00-1:40 pm

8 weeks / October 18 - December 13

Perform science that looks like magic, create magic potions, make your own wizard wands and paint with magic! This fun, creative and hands on class is perfect for your little scientist. Min 5, Max 10. **Instructor Breige Graven No class on 11/22**



Pee-Wee Basketball

17FSOCCER **3-5 Years**

Thursdays 10:30 - 11:10 am

8 weeks / October 19 - December 14

Get your little one involved in the basketball season with hoops and basketballs just their size! Kids will get an intro to passing, dribbling, teamwork and shooting in this active and fun class! Min 5, Max 10. **Instructor Mr. Harry Cohen No class on 11/23**

Art without a Paintbrush

17FART **2-5 Years**

Thursdays 1:00-1:40 pm

8 weeks / October 19 - December 14

In this creativity based art class, children will explore a variety of new art materials using their fingers, toes, flowers and more as non-traditional paint brushes Min 5, Max 10. **Instructor Lynette Errante No class on 11/23**

T-Ball

17STBALL **3-5 Years**

Fridays 10:30-11:10 pm

8 weeks / October 20 - December 22

A great intro to the world of baseball! Children will practice throwing, catching, hitting and running the bases. A big focus will be on teamwork and cheering on our friends. Min 5, Max 10. **Instructor Mr. Liam McMahon No class on 11/10 & 11/24**

All Pre-School Youth class fees are: $65M/$80NM/$56 (Full-Time Day Care) unless otherwise specified

School Age Programs

Lynette Errante, Youth Director

Print-It, Screen-It, Design-It

17FPRINT **Grades K-7**

Wednesdays 4:30-5:30 pm
5 weeks / October 18 - November 15
$50M/$70NM

In this new art class, children will get to explore some traditional forms of printing art on fabric. We will learn the basics of screen printing with stencils, styrofoam prints, African Kente cloth designs and batik. **Instructor Lynette Errante**

NEW!

Dance Class

17FDANCE

NEW!

Thursdays
4:30-5:15 pm 5 & 6 yr. olds
5:15-6:00 pm 7-10 yr. olds
8 weeks / October 19 - December 14
$80M/$100NM

Taught by profesional dance instructor, Kelly O'Shea, students will be exposed to a variety of dance in this 8 week course. They will learn the ins and outs of tumbling, jazz, hip-hop and stretching. **Instructor Kelly O'Shea. No class on 11/23**

Jewelry Making

17FJEWELRY **Grades K-7**

Wednesdays
4:30-5:30
3 weeks / November 29-December 13
$40M/$55NM

In this 3 week workshop, children will create 3 different projects using wire, beads, leather cord and stones. They will learn a variety of techniques to produce unique, wearable pieces of art! **Instructor Lynette Errante**

Homeschool Afternoon Out

Fridays - choose 1-3 sessions!
$40 for 1 session, $48 for 2, $55 for 3
Sessions will run for 6 weeks * October 20 - December 15
no class 11/10, 11/24 or 12/8
Session I: 12:45-1:20 pm: Art Class 5-7 yr olds / Gym Class 8-11 yr olds
Session 2: 1:25-2;00 pm: Gym Class 5-7 yr olds / Art Class 8-11 yr olds
Session 3: 2:15-2:45 pm: Free Swim

Art class with NYS licensed Educator, Lynette Errante. We will explore using a wide variety of art materials including paint, batik, clay, collage and charcoal.

Gym class with Mr. Harry. Give your child the opportunity to learn through play and large motor in group gym time. A large focus will be on teamwork and working together. Mr. Harry has over 5 years of experience as a gym teacher and has been professionally trained in pediatric yoga.

Free Swim in our large, indoor pool. Swim lessons may be available. Inquire during registration. Parents should pick-up children directly from the pool to get them changed.

Teen / Adult Programs

JCC Teen Program / BBYO

The Binghamton JCC BBYO teen youth group welcomes all teens, 8th grade through 12th grade to meetings, events and conventions

About BBYO

BBYO is a teen movement bringing together thousands of Jewish teens from all over the globe, from all types of Jewish backgrounds and with all types of interests. BBYO offers unique opportunities for teens to connect with one another, serve their communities, and travel the world, providing each participant with a network of lifelong friends.

Our Binghamton chapter is involved in a variety of social as well as community service type programs like community Hanukkah Torch Walk, JCC Fundraisers, movie nights, Purim carnival and other local events. The chapter picks a cause each year to help a community agency.

Chapter Meetings

BBYO meetings are often held on the 2nd Sunday of each month.

Liberty Region

The Binghamton JCC chapter of BBYO is part of the Liberty Region of BBYO (B'nai B'rith Youth Organization). Liberty Region is made up of chapters from communities such as Allentown (PA), Scranton (PA), West Chester (PA), Wilkes-Barre (PA), Philadelphia (PA), York (PA) and Wilmington (DE).

Regional Conventions

BBYO hosts a number of conventions throughout the year and many of our teens attend. Conventions are held throughout the region and there is a fee to register (scholarships are available if needed). Our chapter raises funds to help with the transportation costs of renting a van and gas fees. A local parent advisor attends the convention as a chaperone for the weekend.

Contact Info

Heather & Barry Livksy (607) 798-8981
Sophie Livsky (607) 235-6518
Sarah Schepis (607) 752-1180

Find us on facebook
TYPE IN: JEWISH COMMUNITY CENTER

Find us on FACEBOOK by searching "Binghamton BBYO"

Don't Miss Out!

The JCC emails a monthly newsletter. If you are interested in receiveing all of the upcoming programs and events send your email and name to MelanieN@binghamtonjcc.org!

Teen / Adult Programs

Richard Knox Lecture

Monday, October 23
2:00-3:30 pm
Free to the Community
Richard Knox has entertained the at the JCC with several multimedia retrospectives, from Lullaby of Broadway to Alfred Hitchcock. He will return on October 23 to explore another era of American Musical Theatre with performances by notable musical artist such as Judy Garland, Gene Kelly and Ella Fitzgerald. Watch for an upcoming announcement.

Bread Making

17FBREAD

Sunday, October 15
1:00-3:00 pm
$30M/NM
Learn to make a fall flavored loaf of bread. This two hour class will teach you the basics for baking a classic pumpkin loaf. You choose which spice to add! Learn how to knead and other basics. JCC's own Harry Cohen, will be your baker. All ingredients and equipment will be supplied.

Yiddish Conversation Group - FREE

Always a wonderful, warm gathering for "mavens" as well as the "Yiddish-impaired." Talk, laugh, joke and tell stories. The group meets each week on Thursdays from 1 - 2 pm and is open to the community. No fee to attend. **PLEASE** contact the JCC at 607-724-2417 prior **to attending** to insure the group is scheduled to meet.

Friendship Club Program

The JCC Frienship Club is an adult group involved at the JCC and in the community. The group meets at the JCC on Wednesdays at 1:30 pm for dessert, coffee, a short meeting & program. Programs include presentations, films, card games, book reviews, holiday celebrations, outings and trips. Birthdays are also celebrated each month.

There is a long standing tradition of service to and from senior adults. A strong core of older adults volunteer at the JCC, at community programs, and at the JCC Friendship Club programs & activities. A group visits people in nursings homes and adult residences at holiday time. Many prepare and deliver food packages to shut-ins. Such service to others enriches the lives of both givers and receivers.
Check ***The Reporter*** for more information.

Upcoming Events

Choral Performance

Sunday, October 15, 2017

7:00 pm

A 10 piece, uplifting performance, written and conducted by Jan DeAngelo featuring the Binghamton Symphony and a mixed choir. A fundraiser to benefit the JCC Fitness Department to inspire community togetherness. General Admission: $10/person at the door

Sports Fundraiser

Saturday, November 11, 2017

7:00 pm

JCC Speakeasy

Music

Casino Games

Food

Drinks

Little Brush, Big Brush

Sunday, November 12, 2017

1:00-3:00 pm * $45 per couple

Adult-Child painting class. Kids, bring your favorite adult to an afternoon of creative fun at the JCC! No experience required. Kids ages 5 and up.

2 canvases, paint, brushes and light refreshments are included.

Must pre-register to attend. Call the JCC Office 607.724.2417 or email for more info LynetteE@binghamtonjcc.org

Family Movie Night

Saturday, December 2, 2017

6:30 pm

(doors open at 6pm)

$2 per person / $10 family max
includes free popcorn!

Bring a blanket, chair or pillow and come relax with family and friends! All proceeds will benefit JCC School Age Programs!

DESPICABLE ME 3

Community Hanukkah Celebration

Wednesday, December 13, 2017

Light the Menorah * Homemade Latkes * Kids Activiites and More!

JCC CLOSED
September 4, 21 & 22
October 5, 6, 12 & 13
November 23

JCC Closes at 5pm
September 20
October 4 & 11

JCC Board of Directors & Staff

Officers of the Board of Directors

Executive Committee

President ..... Carrie Wenban
Treasurer ..... Jeff Platsky
Secretary ..... Bonnie Brown
Past President ..... Lillian Levy
Fundraising VP ..... Susan Walker
Federation Liaison ..... Mark Walker

General Board

Neil Auerbach
Lisa Berk
Amanda Chiarot
Charles Gilinsky
Gerry Hubal
Rhonda Levine
Jeff Loew
Justin Salkin
Jeff Shapiro
Rita Shawn

JCC Staff

Executive Director ..... Sheryl Brumer
Assistant Director ..... Marcia Brownlow
Finance Director ..... Debby Beylo
HPER Director ..... Dan Whalen
Fitness Supervisor ..... Josh Frederick
Health & Fitness Coor ..... Jan DeAngelo
Aquatics Coordinator ..... Elizabeth Pane
Personal Trainer ..... Jan DeAngelo
Exercise Specialist ..... Carol Hawley
Youth & Camp Director ..... Lynette Errante
Morning Fitness ..... Jan DeAngelo
Evening Fitness ..... Alex Walsh
Senior Adult Coordinator .... Morty Hofstein
IT ..... Matt Hoffman
Financial Assistant ..... Sharon Nichols
Office Manager ..... Laura Hotaling
Administrative Asst/PR ..... Melanie Nolan
Receptionist ..... Paige Bartholomew
Evening Receptionist ..... Olivia Beylo
Kitchen Coordinator ..... Ron Gill
Facilities Manager ..... Jamie VanAbs
Maintenance Assistant ..... Joel MacLennan
2nd Shift Supervisor ..... George Smith
Maintenance Staff ..... Lawrence Blanchard, Tony Vargas, Daniel Cooke

JCC Early Childhood Center

ECC Director ..... Marlene S Patrick
ECC Assistant Dir ..... Chrissy Caslin
Asst. ECC & Asst. Youth Dir ... Nichole Fuller

Early Childhood Education Staff

Rebecca Anderson
Asia Barry
Megan Benjamin
Kerry Bopp
Jamie Jo Burns
Kelly Clark
Samantha Cintron
Josandra Clinton
Cheryl Cox
Teresa Crane
Joanna Decker
Wendy Green
Rachel Greenblott
Melissa Hart
Alyssa Halliday
Kerri Lightner
Alee Manuel
Julie Micha
Jeanne Mills
Ashley Morrell
Lisa Mosher
Amanda Murray
Jessica Nogaret
Lisa Palmer
Heather Patrick
Mike Pucek
Kathy Ruspantini
Courtney Salmini
Shayla Silva
Holly Tanner
Gabriela Turbides
Brenda VanAbs
Kirsten Vandewalker
Marley Vavra
Alicia Webster
Ryan Woodiwiss

Kids Connection Staff

Lead Teacher ..... Harry Cohen
Teachers ..... Breige Graven, Nora Graven, Josh Wallenstein, Pat Corrigan
Asst Teachers ..... Liam McMahon

Contribution Funds

The Jewish Community Center has contributory funds available to honor and remember family, friends and loved ones. Gifts to Center funds are a wonderful way to show your feelings for people to celebrate and commemorate life passages.

Honor Campership Award
Marvin Alenik Memorial Building Fund
Donald Bronsky Fund
Morris Eber Memorial Fund
Alanna Einstein Memorial Fund
JCC Flag Fund
Tom Foley Memorial Sports Fund
Sam & Terry Freeling Memorial Fund
Samuel J. Gartel Camp Scholarship Endowment Fund
Harvey R. Singer Scholar Athlete Memorial Scholarship Fund
Greta Herz Kitchen Fund
BBYO Donation
Eve Kur Memorial Fund for Aquatics
Joseph M. Levene Memorial Fund
Audrey E. Morell ECC Memorial Fund
Thelma Morris Memorial Fund for Creative & Performing Arts
Rose & Jacob Olum Memorial Fund
JCC Operating Fund
Playground Fund
Preschool Renovation Fund
Quilting Fund in Memory of Julia Greenbaum
Evelyn Sall Memorial Fund
Friendship Club Fund
Git Weinstein Memorial Fund

Registration Forms

JCC Activity Registration Form: (Please complete one for each activity)

Participant's Name _____ Age _____ Grade _____

Date of Birth _____ Parent's or Spouses Name _____

Address _____ City _____ State ____ Zip _____

Phone _____ Email Address _____

Activity/Class _____ Course # _____

Day/Time _____ JCC Member _____ Yes _____ No Fee$_____

Make Checks Payable to JCC * 500 Clubhouse Road, Vestal, NY 13850 * 607-724-2417

Liability: It is understood and agreed that neither the JCC nor its employees is responsible for injuries incurred while present at or participating in JCC activities or for loss or damages of valuables or property of members or guests.

_____

Signature

For Office Use: Date: _____

Fee _____ ***Initials*** _____

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_____

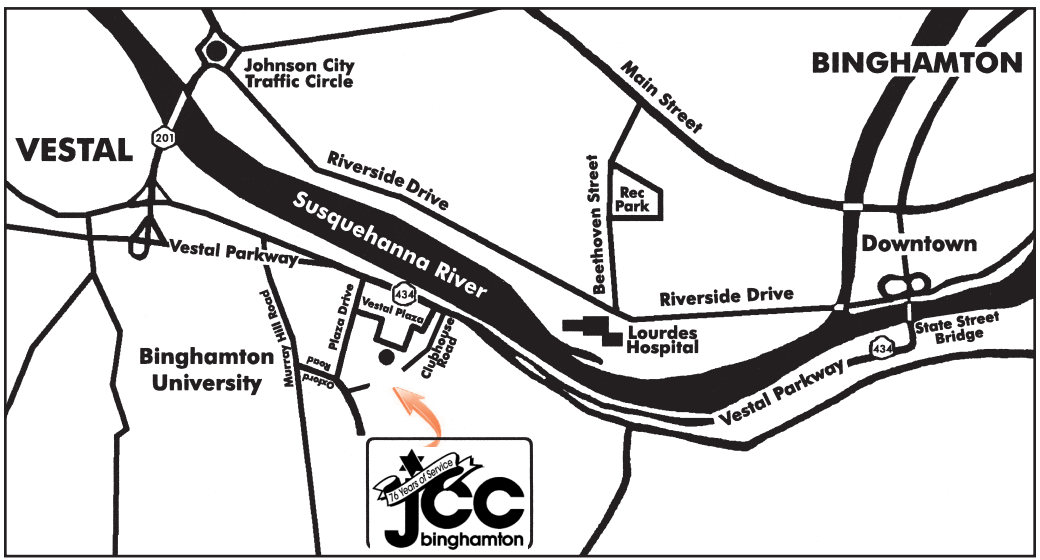
Signature

For Office Use: Date: _____

Fee _____ ***Initials*** _____

Jewish Community Center

500 Clubhouse Road, Vestal, New York 13850
(607) 724-2417



88 Years of Service
JCC
binghamton
500 Clubhouse Road
Vestal NY 13850

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or Current Resident